

# Rider

Product Code AMVFAF-R

## Price on Application

Price stated is for product only.<br>Contact us for a delivery & installation quote based on your location.

### Dimensions:

Length	1662 mm
Width	645 mm
Height	1458 mm

### Key Stage:



## Play Values

This product supports the following areas of child development.



Balancing



Strength



Gross Motor Skills



## Description

One of our most popular pieces of equipment, the Rider is easy-to-use and suitable for all abilities. Similar to a rower, but positioned upright, users push with their legs while pulling with their arms against resistance, moving their entire body up and down. Setting their own pace, moving as quickly or slowly as they choose, building cardio strength, stamina and muscular strength.

### BENEFITS

- Exercises the whole body
- Improves flexibility and coordination
- Gives an excellent cardiovascular workout
- Suitable for all abilities
- Suitable from 11 years +

### SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.

Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

### WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.