

# Balance Beams

Product Code AMVFAF-BB

£830

Price stated is for product only.<br>Contact us for a delivery & installation quote based on your location.

## Dimensions:

Length	3051 mm
Width	1925 mm
Height	314 mm

## Key Stage:

KS 3

KS 4



## Play Values

This product supports the following areas of child development.



Balancing



Jumping



Gross Motor Skills



Co-Operative Play

## Description

These versatile Balance Beams come as a set of 3 and offer an array of exercise options. Walking the length of them will build balance and co-ordination skills. Hopping and jumping over them will really get that heart rate up, building cardio strength. They can also be used for incline push-ups, triceps dips and sit-ups. A full body workout suitable for beginners to advanced athletes.

### BENEFITS

- Exercises the whole body
- Improves balance and coordination
- Gives an excellent cardiovascular workout
- Improves muscular strength and tone
- Suitable for 11 year olds+

### SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.

Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

### WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.