

# Horizontal Ladder

Product Code AMVFAF-HL

## Price on Application

Price stated is for product only.<br>Contact us for a delivery & installation quote based on your location.

### Dimensions:

Length	3136 mm
Width	1187 mm
Height	2293 mm

### Key Stage:



## Play Values

This product supports the following areas of child development.



Stretching & Flexibility



Hanging



Hand-eye Co-ordination



Gross Motor Skills

## Description

Also known as monkey bars, this is a strenuous exercise for arms and shoulders, swinging rung by rung along the ladder. Easy-to-use, users can move at their own pace, building up the number of swings as their strength builds. Users can also perform knee or leg raises hanging from one rung for a strong core workout. A fantastic piece of equipment for body weight or functional training enthusiasts.

### BENEFITS

- Builds strength in the arms and shoulders.
- Tones and strengthens core and leg muscles
- Excellent functional training/Calisthenic equipment
- Suitable for all abilities
- Suitable from 11 years +

### SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.

Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

### WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.

