

# Children's Rower

Product Code AMVFAF-CSWR

£1,125

Price stated is for product only.<br>Contact us for a delivery & installation quote based on your location.

## Dimensions:

|        |         |
|--------|---------|
| Length | 1080 mm |
| Width  | 860 mm  |
| Height | 1079 mm |

## Key Stage:



## Play Values

This product supports the following areas of child development.



Balancing



Strength



Hand-eye  
Co-ordination



Gross Motor Skills

## Description

Much like a rowing boat, the Children's Rower has been especially designed to provide a total body workout, developing upper body and core strength, balance, flexibility and of course, cardio fitness. Sitting in the chair, clasping the handles, users pull back with the arms while holding the core, extending the body backwards, before using the whole body to return back to the starting position. Suitable for all abilities, users simply set their own pace.

### BENEFITS

- Offers a full body workout
- Develops strength in the arms and core
- Improves balance, coordination and flexibility
- Provides a cardiovascular workout
- Resistance provided by child's body weight

### SAFETY AND COMPLIANCE

Clearly labelled with safety-in-use guidance and with suggested workouts to help students get the greatest benefit.

Produced under ISO9001 for quality standards and management, and conforms to UK safety standards EN1176 / EN16630.

### WARRANTY

- 25 year guarantee on structural parts
- 5 year guarantee on paint and finishes
- 2 year guarantee on bearings and moving parts.
- Plastic parts and accessories are covered for 1 year.